



About us

Oseca Health [Oseca] is a community based primary healthcare organisation, with a rich history spanning over 30 years. At our core, we believe that empowering individuals to enhance their wellbeing is essential for building thriving communities.

As a dedicated not-for-profit, community based organisation, our success is intertwined with the health and wellbeing of our communities, enabling us to contribute positively and meaningfully to the lives of those we serve.

Compassion Respect Integrity Excellence



Contact Us

For more information, please contact Oseca Assertive Outreach at:

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✉️ AOT@oseca.com.au

🌐 www.oseca.com.au

Acknowledgement of Country

Oseca acknowledges that we provide services on Noongar country. We pay our respects to the people, the cultures and the Elders past and present.

This service is provided through funding from WAPHA



Assertive Outreach Team Peel

Empowering You to Thrive

What is the program?

The program offers outreach services to engage the broader community and Aboriginal youth (ages 12–25) in Waroona Shire, Murray Shire, and Mandurah.

We provide essential support for mental health issues and alcohol and drug-related problems. We aim to empower individuals, promote wellbeing, and offer tailored interventions to address these challenges.



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Services provided

We offer a range of services aimed at supporting individuals who are not engaged in other services, with a focus on individuals facing mental health and alcohol or drug-related challenges.

- Aboriginal Outreach Workers for youth engagement
- Dedicated support for mental health and alcohol/drug-related issues
- Joint assessments with community agencies for ongoing engagement

Through these services, we work to connect individuals with the support they need and foster long-term engagement for improved outcomes.

Who is eligible?

Our services are available to any member of the general community who is not currently linked with any other service.

This is a free service, designed to provide support for those in need of assistance with mental health or alcohol and drug-related issues.



How the services help

We help clients by linking them to services that address and manage mental health and alcohol or drug-related issues. Our outreach focuses on Aboriginal youth and the broader community not currently engaged with other services.

Through joint assessments with community agencies, we ensure ongoing support and help clients access the resources needed for better health and wellbeing.