



About us

Oseca Health [Oseca] is a community based primary healthcare organisation, with a rich history spanning over 30 years. At our core, we believe that empowering individuals to enhance their wellbeing is essential for building thriving communities.

As a dedicated not-for-profit, community based organisation, our success is intertwined with the health and wellbeing of our communities, enabling us to contribute positively and meaningfully to the lives of those we serve.

Compassion Respect Integrity Excellence



Better Health

Contact Us

For more information, please contact Nidjalla Waangan Mia at:

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🌐 **www.oseca.com.au**

Acknowledgement of Country

Oseca acknowledges that we provide services on Noongar country. We pay our respects to the people, the cultures and the Elders past and present.

This service is provided through funding from the Department of Health & Aged Care, WACHS and WAPHA



Australian Government
Department of Health and Aged Care



Government of Western Australia
WA Country Health Service



WA Primary Health Alliance
Better health, together

phn
PERTH NORTH, PERTH SOUTH, COUNTRY WA
An Australian Government Initiative



Nidjalla Waangan Mia Bindjareb

Here is the Place for Health



In Partnership With



What is the program?

At Nidjalla Waangan Mia, we provide a health and wellbeing centre focused on supporting Aboriginal and Torres Strait Islander clients in the Peel region.

We offer culturally appropriate services, including general practice, dental care, and allied health, with the goal of improving overall wellbeing and provide community centred healthcare.



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Services provided

We provide a range of culturally safe services, focused on delivering holistic care that meets the diverse needs of our community.

Our services include:

- GP sessions
- Integrated Team Care (ITC) program
- Dental service
- Transport to medical appointments
- Health education and programs

These services are designed to ensure accessible, comprehensive care, empowering individuals and strengthening the overall health of our community.

Who is eligible?

Our services are available to Aboriginal and Torres Strait Islander clients in the Peel region. We welcome individuals who are seeking culturally appropriate healthcare and support, including access to GP sessions, dental services, transport to medical appointments, and health education programs.

Eligibility criteria may vary depending on the specific service, and our team is happy to assist with any enquiries.



How the services help

Nidjalla Waangan Mia helps by providing culturally appropriate healthcare that meets the unique needs of the Aboriginal community. We bridge gaps in healthcare access, offering services including transport to medical appointments and health education programs.

By fostering a supportive and culturally respectful environment, we improve health outcomes and empower individuals to take control of their wellbeing.